

Descriptive Essay Example About A Place

“What mental health needs is more sunlight, more candor, and more unashamed conversation” Glenn Close has just rightly said. Everyone has a safe and secure place where they want to be at certain times to shut down their worries and live in the moment.

For some, it might be their home or somewhere out. I also have a place where I usually go to release my stress and enjoy with little creatures; the wildlife. This place has tons and tons of blessings loaded with the beauty of nature that has a very profound effect.

The mesmerizing location of this place is what makes it perfect. This place is out of town and I have never seen anyone there which makes it a very perfect and meditated place where no one can be bothered. The chirping of the birds makes a person fall in love with creature of nature. The pitter patter of the rain add a scenic beauty to it.

The calm wind running over the face overload a person with inner peace. The softness of the grass relief the mind to an extent that I even sometimes sleep there. I cannot put the beauty of this place into words.

To conclude, such places are great blessings and need to be explored and loved to become a minimalist. It's not just me but almost everyone have such places as stated earlier.

The unexplainable beauty and countless blessings of the place which I visit when I feel stressed is exactly what is more than a therapy. How about feeling such a beauty in real not just theoretically?